

IN **ONE** ACCORD

A BIBLE STUDY SERIES ON UNITY

9-10-25 | Lesson 5 | Guarding the Unity (Dealing with Division)

Ephesians 4:1-6

I. The Call to Walk in Unity (v.1-2)

“Walk worthy of the calling you have received...”

- Paul urges believers to live in a way that reflects Christ.
- Keys to unity in relationships:
 - Humility – Putting others before self.
 - Gentleness – Strength under control.
 - Patience – Allowing room for people to grow.
 - Love – Bearing with one another in love.
- Discussion: Which of these traits do you find hardest to practice in times of conflict?

II. The Commitment to Keep Unity (v.3)

“Make every effort to keep the unity of the Spirit through the bond of peace.”

- Unity is not automatic; it requires effort and intentionality.
- Division is often easier than reconciliation, but peace requires pursuit.
- Just as a rope must be tightly bound to hold weight, the “bond of peace” holds the church together under pressure.
- Discussion: What practical steps can we take to “make every effort” toward unity in our church or family?

III. The Foundation of Unity (vv.4-6)

- Unity is not based on personal preference but on shared truth:
 1. One Body – the church.
 2. One Spirit – the Holy Spirit.
 3. One Hope – eternal life.
 4. One Lord – Jesus Christ.
 5. One Faith – the gospel.
 6. One Baptism – our shared initiation into Christ.
 7. One God and Father – source of all unity.
- Division happens when we lose sight of what we share in Christ and focus on what makes us different.
- Discussion: How can focusing on the “ones” in these verses help us overcome division?

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IV. Applying Unity in Times of Division

- In the church: Resist gossip, offense, and competition.
- In the family: Practice forgiveness and reconciliation.
- In the community: Show Christ's love across differences.
- Scripture Connection: Psalm 133:1 – "How good and pleasant it is when brothers dwell together in unity!"